

WE ARE COUNTING ON YOU

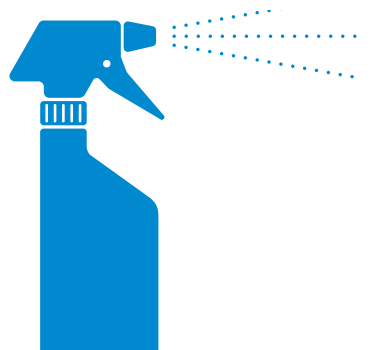
Let's work together to keep our Y a healthy place for everyone.



Stay home when you or your child are sick.



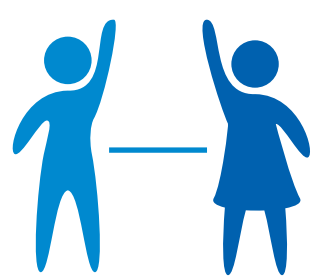
Wash your hands often with soap and water for at least 20 seconds.



Clean all workout equipment and other frequently touched objects before and after every use.



Mask are highly encouraged when moving throughout our facility.



Maintain Social Distance from others.



Avoid touching your eyes, nose, and mouth.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Access and/or facilities may be restricted with your safety in mind.

FAILURE TO COMPLY IS NOT AN OPTION.