



GROUP FITNESS GUIDELINES

We are counting on you!

REGISTRATION

Make sure you are registered for the class you are attending.



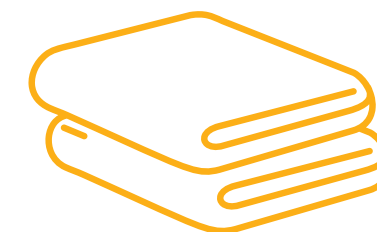
STAY ON TIME

The schedule is tight, so please be punctual before class to secure your spot and after class to get your equipment cleaned.



WHAT TO BRING

Please bring your own water bottle & towel. You may also bring your own equipment.



KEEP YOUR DISTANCE

Keep a 6 foot distance from everyone.



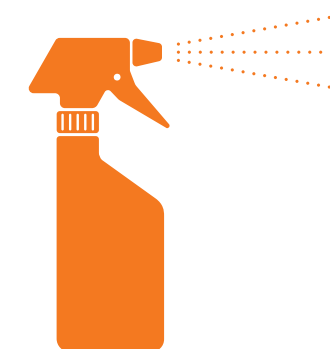
FLOOR MARKERS

Markers are provided to help you stay 10 feet from other participants.



CLEAN THE EQUIPMENT

Visit one of the added cleaning stations to disinfect your equipment.



Please remember, masks are **STRONGLY ENCOURAGED** before and after class.

