



SP23 YOUTH PROGRAMS

Spring 2023 • April 24 - June 18

Sturgeon Bay Program Center • 920.743.4949
1900 Michigan St. Sturgeon Bay, WI 54235

PRESCHOOL ENRICHMENT

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
Creative Movement	3 to 4	Mon	10:10 AM	10:40 AM	May 1	Jun 12	Apr 24 May 29	\$30.00	\$60.00	Amber N	Gym CTR
Preschool Dance	3 to 5	Mon	4:00 PM	4:30 PM	May 1	Jun 12	Apr 24 May 29	\$30.00	\$60.00	Amber N	Studio 3
Little Scientists	3 to 5	Mon	10:45 AM	11:30 AM	Apr 24	Jun 12	May 29	\$28.00	\$56.00	Katie R Dori M	Studio 2
Busy Babies	Newborn to 18 mo.	Mon	10:50 AM	11:25 AM	Apr 24	Jun 12	May 29	\$21.00	\$42.00	Lynn R	Gym CTR
Kindersports	3 to 5	Tue	10:45 AM	11:15 AM	Apr 25	Jun 13		\$24.00	\$48.00	Lynn R Dori M	Gym A/B
Tumble Tots	2 to 3	Wed	10:30 AM	11:10 AM	Apr 26	Jun 14		\$24.00	\$48.00	Katie R	Gym CTR
Art Adventures	3 to 5	Wed	10:45 AM	11:20 AM	Apr 26	Jun 14		\$36.00	\$72.00	Dori M Lynn R	Studio 3
Kindercubs	3 to 5	Thu	10:45 AM	11:30 AM	Apr 27	Jun 15		\$32.00	\$64.00	Katie R Lynn R	Gym CTR

YOUTH DANCE

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
Creative Movement	3 to 4	Mon	10:10 AM	10:40 AM	May 1	Jun 12	Apr 24 May 29	\$30.00	\$60.00	Amber N	Gym CTR
Preschool Dance	3 to 5	Mon	4:00 PM	4:30 PM	May 1	Jun 12	Apr 24 May 29	\$30.00	\$60.00	Amber N	Studio 3
Ballet Princess Workshop	5 to 9	Mon	4:40 PM	5:10 PM	May 1	Jun 12	Apr 24 May 29	\$30.00	\$60.00	Amber N	Studio 3
Hip Hop Hooray	5 to 9	Mon	5:15 PM	5:45 PM	May 1	Jun 12	Apr 24 May 29	\$30.00	\$60.00	Amber N	Studio 3
Contemporary Strength and Conditioning Workshop	8 to 13	Tue	5:00 PM	5:45 PM	May 2	Jun 13	Apr 25	\$30.00	\$60.00	Amber N	Studio 3
Recital sessions start again Fall 1 Session.											

PROGRESSIVE GYMNASTICS

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
KinderGymnastics	4 to 6	Thu	3:45 PM	4:30 PM	Apr 27	Jun 8		\$40.00	\$80.00	Amy G	Gym Ctr.
Progressive 1, 2, 3	6 to 13	Tue	3:45 PM	4:30 PM	Apr 25	Jun 6		\$40.00	\$80.00	Amy G	Gym Ctr.
Progressive 1, 2, 3	6 to 13	Tue	4:30 PM	5:15 PM	Apr 25	Jun 6		\$40.00	\$80.00	Amy G	Gym Ctr.
Progressive 1, 2, 3	6 to 13	Thu	4:30 PM	5:15 PM	Apr 27	Jun 8		\$40.00	\$80.00	Amy G	Gym Ctr.
Pre-Team Invite Only	6 to 13	Tue	5:15 PM	6:15 PM	Apr 25	Jun 8		\$40.00	\$80.00	Amy G	Gym Ctr.
Pre-Team Invite Only	6 to 13	Thu	5:15 PM	6:15 PM	Apr 27	Jun 6		\$40.00	\$80.00	Amy G	Gym Ctr.

COMPETITIVE GYMNASTICS TEAM

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
Workout with Gerrit	Invite Only	Mon	3:45 PM	5:15 PM	May 15	Jun 12		\$60		Gerrit D	Gym Ctr
Workout with Gerrit	Invite Only	Wed	3:45 PM	5:15 PM	May 17	Jun 14		\$60		Gerrit D	Gym Ctr
Striver Team Time	All Team Girls	Tue	5:30 PM	7:30 PM	Apr 25	Jun 13		\$128.00		Nikki P	Gym Ctr.

Striver Team Time	All Team Girls	Thu	5:30 PM	7:30 PM	Apr 27	Jun 15		\$128.00		Nikki P	Gym Ctr.
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YOUTH SPORTS

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
Baseball/Softball Spring Training	Gr 1-5	Mon	3:45 PM	4:45 PM	Apr 24	Jun 5	May 29	\$20.00	\$40.00	Paul B	Gym A/B/Outside
Soccer Skills and Drills	Gr 1-5	Tue	3:45 PM	4:45 PM	Apr 25	Jun 6		\$20.00	\$40.00	Paul B	Gym A/B/Outside
Youth Pickleball	Gr 3-9	Wed	3:45 PM	4:45 PM	Apr 26	Jun 7		\$20.00	\$40.00	Bonnie	Gym A/B
Dodgeball	Gr 1-5	Thu	3:45 PM	4:45 PM	Apr 27	Jun 8		\$20.00	\$40.00	Carlos	Gym A/B
Homeschool PE	Ages 5-8	Fri	10:15 AM	11:00 AM	Apr 28	Jun 9		\$24.00	\$48.00	Paul B	Gym A/B
Homeschool PE	Ages 9-14	Fri	11:00 AM	11:45 AM	Apr 28	Jun 9		\$24.00	\$48.00	Paul B	Gym A/B
Homeschool Swim Lessons	6+	Thu	10:15 AM	11:00 AM	Apr 27	Jun 8		\$36.00	\$72.00	n/a	Rec Pool

YOUTH SPECIALTY PROGRAMS

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
After School Art	Gr 1-5	Tue	3:45 PM	4:45 PM	Apr 25	May 30		\$30.00	\$70.00	Rebecca B	TBD
Home School Art	Ages 5-14	Fri	9:15 AM	10:00 AM	Apr 28	Jun 2		\$30.00	\$70.00	Rebecca B	TBD
Girls Night Out	Gr 4-6	Tue	6:00 PM	7:00 PM	Apr 25	Jun 6		\$30.00	\$30.00	Heather S	Lansing Center
Father Daughter Ball	All Ages	Sat	6:00 PM	8:00 PM	Jun 17	Jun 17		\$40 per couple / \$10 additional child			SB Gym A/B
Strings-Private 30 min	Gr 3-12	Please contact Paul B for more information.					--	\$160.00	\$240.00	Mid-Summer Music	TBD
Strings-Private 60 min	Gr 3-12	Please contact Paul B for more information.					--	\$320.00	\$440.00	Mid-Summer Music	TBD
Super Kids Fun In The Pool	Gr 2-5	Fri	5:00 PM	7:00 PM	May 19	May 19		\$7.00	\$14.00	Dori M Paul B	Pool
Rotary Interact	Gr 9-12	Tue	6:00 PM	6:30 PM	Sep 6	May 31		Free	Free	Mark N	Board Room
Log Rolling	7+	Th	5:15 PM	6:15 PM	Apr 27	May 25		\$22.00	\$44.00	Kristen K	Aquatics Ctr
Youth Underwater Hockey	8+	Wed	5:30 PM	7:00 PM	Apr 26	Jun 7		\$36.00	\$72.00	Susan/Kendall	Aquatics Ctr

PARENT/TOT SWIM LESSONS

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	LOCATION
Parent/Child Stage A	6-18 mo	Tue	4:30 PM	5:00 PM	Apr 25	Jun 6		\$31.00	\$62.00	Rec Pool
Parent/Child Stage B	18 mo-3 yr	Tue	5:05 PM	5:35 PM	Apr 25	Jun 6		\$31.00	\$62.00	Rec Pool
Parent/Child Stage A/B	6 mo-3 yr	Tue	10:05 AM	10:35 AM	Apr 25	Jun 6		\$31.00	\$62.00	Rec Pool
Parent/Child Stage A/B	6 mo-3 yr	Sun	11:05 AM	11:35 AM	Apr 30	Jun 11	May 28	\$27.00	\$54.00	Rec Pool

PRESCHOOL SWIM LESSONS

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	LOCATION
Stage 1	3 to 5	Tue	9:35 AM	10:05 AM	Apr 25	Jun 6		\$31.00	\$62.00	Rec Pool
Stage 1	3 to 5	Tue	5:10 PM	5:40 PM	Apr 25	Jun 6		\$31.00	\$62.00	Rec pool
Stage 1	3 to 5	Mon	4:00 PM	4:30 PM	Apr 24	Jun 5	May 29	\$27.00	\$54.00	Rec pool
Stage 1	3 to 5	Thu	4:00 PM	4:30 PM	Apr 27	Jun 8		\$31.00	\$62.00	Rec Pool
Stage 1	3 to 5	Sun	10:30 AM	11:00 AM	Apr 30	Jun 11	May 28	\$27.00	\$54.00	Rec Pool

Stage 1	3 to 5	Sun	12:00 PM	12:30 PM	Apr 30	Jun 11	May 28	\$27.00	\$54.00	Rec Pool
Stage 1/2	3 to 5	Tue	10:40 AM	11:10 AM	Apr 25	Jun 6		\$31.00	\$62.00	Rec Pool
Stage 2	3 to 5	Mon	4:35 PM	5:05 PM	Apr 24	Jun 5	May 29	\$27.00	\$54.00	Rec Pool
Stage 2	3+	Tue	4:40 PM	5:10 PM	Apr 25	Jun 6		\$31.00	\$62.00	Rec Pool
Stage 2	3+	Thu	4:35 PM	5:05 PM	Apr 27	Jun 8		\$31.00	\$62.00	Rec Pool
Stage 2	3+	Sun	10:30 AM	11:00 AM	Apr 30	Jun 11	May 28	\$27.00	\$54.00	Rec pool
Stage 2	3+	Sun	11:05 AM	11:35 AM	Apr 30	Jun 11	May 28	\$27.00	\$54.00	Rec pool
Stage 3	3+	Mon	5:00 PM	5:30 PM	Apr 24	Jun 5	May 29	\$27.00	\$54.00	Rec pool
Stage 3	3+	Wed	4:15 PM	4:45 PM	Apr 26	Jun 7		\$31.00	\$62.00	Rec pool
Stage 3	3+	Sun	11:40 AM	12:15 PM	Apr 30	Jun 11	May 28	\$27.00	\$54.00	Rec pool
Stage 4-5	3+	Mon	5:10 PM	5:45 PM	Apr 24	Jun 5	May 29	\$27.00	\$54.00	Rec pool
Stage 4/5	3+	Tue	5:20 PM	5:55 PM	Apr 25	Jun 6		\$31.00	\$62.00	Rec pool
Stage 4/5	3+	Sun	11:05 AM	11:35 AM	Apr 30	Jun 11	May 28	\$27.00	\$54.00	Rec pool

YOUTH SWIM LESSONS

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	LOCATION
Youth Stage 1	6+	Mon	4:00 PM	4:30 PM	Apr 24	Jun 5	May 29	\$27.00	\$54.00	Rec pool
Youth Stage 1/2	6+	Sun	11:40 AM	12:10 PM	Apr 30	Jun 11	May 28	\$27.00	\$54.00	Rec pool
Youth Stage 2	6+	Mon	4:35 PM	5:05 PM	Apr 24	Jun 5	May 29	\$27.00	\$54.00	Rec pool
Youth Stage 2	6+	Sun	12:00 PM	12:30 PM	Apr 30	Jun 11	May 28	\$27.00	\$54.00	Rec pool
Youth Stage 3	6+	Tue	5:55 PM	6:25 PM	Apr 25	Jun 6		\$31.00	\$62.00	Rec pool
Youth Stage 3	6+	Wed	4:45 PM	5:15 PM	Apr 26	Jun 7		\$31.00	\$62.00	Rec pool
Youth Stage 3	6+	Wed	5:20 PM	5:50 PM	Apr 26	Jun 7		\$31.00	\$62.00	Rec pool
Youth Stage 3	6+	Thu	5:10 PM	5:40 PM	Apr 27	Jun 8		\$31.00	\$62.00	Rec pool
Youth Stage 3	6+	Sun	11:20 AM	11:55 AM	Apr 30	Jun 11	May 28	\$27.00	\$54.00	Rec/Comp
Youth Stage 4	6+	Wed	5:00 PM	5:45 PM	Apr 26	Jun 7		\$31.00	\$62.00	Rec pool
Youth Stage 4	6+	Thu	4:50 PM	5:35 PM	Apr 27	Jun 8		\$31.00	\$62.00	Rec/Comp
Youth Stage 4	6+	Sun	10:30 AM	11:15 AM	Apr 30	Jun 11	May 28	\$27.00	\$54.00	Rec/Comp
Youth Stage 5	6+	Sun	11:10 AM	11:55 AM	Apr 30	Jun 11	May 28	\$27.00	\$54.00	Rec/Comp
Youth Stage 5	6+	Wed	4:50 PM	5:35 PM	Apr 26	Jun 7		\$31.00	\$62.00	Rec/Comp
Youth Stage 5	6+	Wed	5:45 PM	6:30 PM	Apr 26	Jun 7		\$31.00	\$62.00	Rec/Comp
Youth Stage 5	6+	Thu	4:00 PM	4:45 PM	Apr 27	Jun 8		\$31.00	\$62.00	Rec/Comp

COMPETITIVE SWIM TEAM

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	LOCATION
Dolphin Club	6+	M/W	3:45 PM	4:45 PM	Apr 24	Jun 14	May 29	\$70.00	\$120.00	Comp Pool
DCY SWIM Team- Juniors Spring Strength Training	6+	T/Th	3:45 PM	5:00 PM	Apr 25	Jun 15		\$75.00	\$120.00	Comp Pool
DCY SWIM Team- JE/Seniors Spring Strength Training	9+	T/Th	5:05 PM	6:45 PM	Apr 25	Jun 15		\$75.00	\$120.00	Comp Pool

PRIVATE SWIM LESSONS

CLASS		MBR.	COMM.	INST	LOC
Private Swim Lessons	By appointment (price is per person, 4 lessons)	\$100.00	\$140.00	TBA	Rec/Comp
Semi-Private Swim Lessons	By appointment (price is per person, 4 lessons)	\$80.00	\$120.00	TBA	Rec/Comp