

DOOR COUNTY YMCA SUMMER FOODS MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5	6	7	8	9
PBJ Monday! Milk, Fruit, Vegetable	Cold Cut & Cheese Sandwich, Milk, Fruit, Vegetable	Chicken Pasta Salad, Milk, Fruit	BBQ Pork Sandwich, Corn, Milk, Fruit	Fruit/Yogurt/Granola Parfait, Milk, Vegetable
12	13	14	15	16
PBJ Monday! Milk, Fruit, Vegetable	Cold Cut & Cheese Sandwich, Milk, Fruit, Vegetable	Mac & Cheese with Ham, Milk, Fruit, Vegetable	Pepperoni Pizza Sandwich, Milk, Fruit, Vegetable	Cheese & Crackers, Pepperoni, Milk, Fruit, Vegetable
19	20	21	22	23
PBJ Monday! Milk, Fruit, Vegetable	Cold Cut & Cheese Sandwich, Milk, Fruit, Vegetable	Taco Pasta Salad, Milk, Fruit	Chicken Salad Sandwich, Milk, Fruit	Fruit/Yogurt/Granola Parfait, Milk, Vegetable
26	27	28	29	30
PBJ Monday! Milk, Fruit, Vegetable	Cold Cut & Cheese Sandwich, Milk, Fruit, Vegetable	Ham/Bacon/Vegetable Pasta Salad, Milk, Fruit	Tuna Salad Sandwich, Milk, Fruit	Cheese & Crackers, Pepperoni, Milk, Fruit Vegetable

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
No Summer Foods Served Today	Happy 4th of July! No Summer Foods served today	PBJ, Milk, Fruit, Vegetable	BBQ Pork Sandwich, Corn, Milk, Fruit	Fruit/Yogurt/Granola Parfait, Milk, Vegetable
10	11	12	13	14
PBJ Monday! Milk, Fruit, Vegetable	Cold Cut & Cheese Sandwich, Milk, Fruit, Vegetable	Shredded Chicken Wrap, Fruit, Vegetable, Milk	"Pizza" Sub Sandwich, Marinara Dip, Fruit, Milk	Cheese & Crackers, Pepperoni, Milk, Fruit, Vegetable
17	18	19	20	21
PBJ Monday! Milk, Fruit, Vegetable	Cold Cut & Cheese Sandwich, Milk, Fruit, Vegetable	"Walking Taco" with Taco Meat, Lettuce, Cheese, Tortilla Chips, Fruit, Milk	Chicken Salad Sandwich, Milk, Fruit	Fruit/Yogurt/Granola Parfait, Milk, Vegetable
24	25	26	27	28
PBJ Monday! Milk, Fruit, Vegetable	Cold Cut & Cheese Sandwich, Milk, Fruit, Vegetable	Fruit/Yogurt/Granola Parfait, Milk, Vegetable	"Pizza" Sub Sandwich, Marinara Dip, Fruit, Milk	Cheese & Crackers, Pepperoni, Milk, Fruit Vegetable
31				
PBJ Monday! Milk, Fruit, Vegetable				

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	Cold Cut & Cheese Sandwich, Milk, Fruit, Vegetable	Roast Beef and Cheddar Sandwich, Milk, Fruit, Vegetable	BBQ Pork Sandwich, Corn, Milk, Fruit	Fruit/Yogurt/Granola Parfait, Milk, Vegetable
7	8	9	10	11
PBJ Monday! Milk, Fruit, Vegetable	Cold Cut & Cheese Sandwich, Milk, Fruit, Vegetable	Shredded Chicken Wrap, Fruit, Vegetable, Milk	Pizza Sub Sandwich with Marinara Dip, Fruit, Milk	Cheese & Crackers, Pepperoni, Milk, Fruit, Vegetable
14	15	16	17	18
PBJ Monday! Milk, Fruit, Vegetable	Cold Cut & Cheese Sandwich, Milk, Fruit, Vegetable	Walking Taco with Shredded Cheese, Lettuce, Taco Meat, Tortilla Chips, Fruit, Milk	Chicken Salad Sandwich, Milk, Fruit	Fruit/Yogurt/Granola Parfait, Milk, Vegetable
21	22	23	24	25
PBJ Monday! Milk, Fruit, Vegetable	Cold Cut & Cheese Sandwich, Milk, Fruit, Vegetable	Fruit/Yogurt/ Granola Parfait, Milk, Vegetable	Tuna Salad Sandwich, Milk, Fruit	Cheese & Crackers, Pepperoni, Milk, Fruit Vegetable