



# F123 YOUTH PROGRAMS

Fall 1 2023 • September 5 - October 29

Sturgeon Bay Program Center • 920.743.4949  
1900 Michigan St. Sturgeon Bay, WI 54235

## PRESCHOOL ENRICHMENT

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
Fun With Your Senses	3 to 5	Mon	10:00 AM	10:30 AM	Sept 11	Oct 23		\$32.00	\$64.00	Lynn R	Studio 3
Kindercubs	3 to 5	Mon	10:45 AM	11:30 AM	Sept 11	Oct 23		\$32.00	\$64.00	Katie R, Lynn R	Gym CTR
Art Adventures	3 to 5	Tue	10:00 AM	10:30 AM	Sept 5	Oct 24		\$32.00	\$64.00	Katie R, Dori M	Studio 1
Kindercubs	3 to 5	Tue	10:45 AM	11:15 AM	Sept 5	Oct 24		\$32.00	\$64.00	Lynn R, Katie R	Gym CTR
Tumble Tots	2 to 3	Wed	10:00 AM	10:35 AM	Sept 6	Oct 25		\$24.00	\$48.00	Katie R	Gym CTR
Mixing It Up	4 to 5	Wed	10:00 AM	10:30 AM	Sept 6	Oct 25		\$36.00	\$72.00	Lynn R	Kitchen
Creative Movement/Yoga	3 to 5	Wed	10:45 AM	11:15 AM	Sept 6	Oct 25		\$32.00	\$64.00	Elena S	Gym CTR
Kindercubs	3 to 5	Thu	9:50 AM	10:35 AM	Sept 7	Oct 26		\$32.00	\$64.00	Lynn R, Katie R	Gym CTR
Busy Babies	Newborn to 18 mo.	Thu	10:45 AM	11:15 AM	Sept 7	Oct 26		\$24.00	\$48.00	Lynn R	Gym CTR
Little Scientists	3 to 5	Thu	10:45 AM	11:30 AM	Sept 7	Oct 26		\$36.00	\$72.00	Katie R, Dori M	Studio 1

## YOUTH DANCE

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
Jazz	7 to 9	Mon	5:00 PM	5:45 PM	Sept 11	Dec 11		\$77.00	\$154.00	Alexis Z	Studio 3
Contemporary	7 to 9	Mon	5:55 PM	6:35 PM	Sept 11	Dec 11		\$70.00	\$140.00	Alexis Z	Studio 3
Creative Movement	3 to 4	Tue	4:00 PM	4:30 PM	Sept 5	Oct 24		\$40.00	\$80.00	Elena S	Studio 3
Ballet/Tap 1	5 to 7	Tue	4:45 PM	5:15 PM	Sept 5	Dec 12	Oct 31	\$70.00	\$140.00	Elena S	Studio 3
Ballet/Tap 2	8 to 10	Tue	5:30 PM	6:15 PM	Sept 5	Dec 12	Oct 31	\$77.00	\$154.00	Elena S	Studio3
Teen Contemporary	14+	Tue	6:30 PM	7:15 PM	Sept 5	Dec 12	Oct 31	\$77.00	\$154.00	Elena S	Studio 3
Contemporary/Hip Hop 1	5 to 7	Thur	4:00 PM	4:30 PM	Sept 7	Dec 14	Nov 23	\$70.00	\$140.00	Elena S	Studio 3
Contemporary/Hip Hop 2	8 to 10	Thur	4:45 PM	5:30 PM	Sept 7	Dec 14	Nov 23	\$77.00	\$154.00	Elena S	Studio 3
Contemporary/Hip Hop 3	11 to 13	Thur	5:45 PM	6:30 PM	Sept 7	Dec 14	Nov 23	\$77.00	\$154.00	Elena S	Studio 3

## PROGRESSIVE GYMNASTICS

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
KinderGymnastics	4 to 6	Thu	3:45 PM	4:30 PM	Sept 7	Oct 26		\$40.00	\$80.00	Amy G	Gym Ctr.
Progressive 1, 2, 3	6 to 13	Tue	3:45 PM	4:30 PM	Sept 5	Oct 24		\$40.00	\$80.00	Amy G	Gym Ctr.
Progressive 1, 2, 3	6 to 13	Tue	4:30 PM	5:15 PM	Sept 5	Oct 24		\$40.00	\$80.00	Amy G	Gym Ctr.
Progressive 1, 2, 3	6 to 13	Thu	4:30 PM	5:15 PM	Sept 7	Oct 26		\$40.00	\$80.00	Amy G	Gym Ctr.
Pre-Team Invite Only	6 to 13	Tue	5:15 PM	6:15 PM	Sept 5	Oct 24		\$40.00	\$80.00	Amy G	Gym Ctr.
Pre-Team Invite Only	6 to 13	Thu	5:15 PM	6:15 PM	Sept 7	Oct 26		\$40.00	\$80.00	Amy G	Gym Ctr.

**COMPETITIVE GYMNASTICS TEAM**

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
Workout with Gerrit	Invite Only	Mon	3:45 PM	5:15 PM	Sep 11	Oct 23		\$102.00	N/A	Gerrit D	Gym Ctr
Workout with Gerrit	Invite Only	Wed	3:45 PM	5:15 PM	Sep 6	Oct 25		\$102.00	N/A	Gerrit D	Gym Ctr
Striver Team Time	All Team Girls	Tue	5:30 PM	7:30 PM	Sep 5	Oct 24		\$136.00	N/A	Nikki P	Gym Ctr.
Striver Team Time	All Team Girls	Thu	5:30 PM	7:30 PM	Sep 7	Oct 26		\$136.00	N/A	Nikki P	Gym Ctr.

**YOUTH SPORTS**

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
Flag Football Practice	1st-6th	Mon	3:45 PM	4:45 PM	Sep 11	Oct 23		\$20.00	\$40.00	Paul B	Gym A/B, Peterson Park
Flag Football Practice	1st-6th	Tues	3:45 PM	4:45 PM	Sep 5	Oct 24		\$20.00	\$40.00	Nick F	Gym A/B, Peterson Park
Volleyball	3rd-8th	Wed	3:45 PM	4:45 PM	Sep 6	Oct 25		\$20.00	\$40.00	Sara W	Gym A/B
Dodgeball	1st-6th	Thurs	3:45 PM	4:45 PM	Sep 7	Oct 26		\$20.00	\$40.00	Paul B	Gym A/B
Home School PE	5-8	Fri	10:15 AM	11:00 AM	Sep 8	Oct 27		\$24.00	\$48.00	Paul B	Gym A/B
Home School PE	9-14	Fri	11:00 AM	11:45 AM	Sep 8	Oct 27		\$24.00	\$48.00	Paul B	Gym A/B
Saturday Flag Football	4k-5k	Sat	9:00 AM	9:45 AM	Sep 9	Oct 28		\$50.00	\$100.00	Paul B, Carlos	Sturgeon Bay High School
Saturday Flag Football	1st-2nd	Sat	10:00 AM	10:55 AM	Sep 9	Oct 28		\$50.00	\$100.00	Paul B, Carlos	Sturgeon Bay High School
Saturday Flag Football	3rd-6th	Sat	11:00 AM	11:55 AM	Sep 9	Oct 28		\$50.00	\$100.00	Paul B, Carlos	Sturgeon Bay High School

**YOUTH SPECIALTY PROGRAMS**

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
After School Art	1st-6th	Tue	3:45 PM	4:45 PM	Sep 5	Oct 24		\$40.00	\$80.00	Rebecca B	Studio 1
Home School Art	Ages 5-14	Fri	9:15 AM	10:00 AM	Sep 8	Oct 27		\$40.00	\$80.00	Rebecca B	Studio 1
Strings-Private 30 min	Gr 3-12	Please contact Paul B for more information.					--	\$160.00	\$240.00	Mid-Summer Music	TBD
Strings-Private 60 min	Gr 3-12	Please contact Paul B for more information.					--	\$320.00	\$440.00	Mid-Summer Music	TBD
Youth In Government	Gr 7-12	Mon	6:30 PM	7:30 PM	Sep 18	March 18		\$300.00	\$375.00	Paul	TBD
Halloween Mask Making	6th gr-Adult	Fri	5:30 PM	7:30 PM	Oct 13	Oct 13		\$15.00	\$20.00	Rebecca B	Studio 1
Super Kids in the Pool	1st -5th	Fri	5:00 PM	7:00 PM	Oct 13	Oct 13		\$8.00	\$16.00	Paul B Dori M	Pool
Halloween Party	Everyone	Fri	5:30 PM	7:30 PM	Oct 27	Oct 27		\$5.00 per person	\$5.00 per person	Staff	Various

**PARENT/CHILD SWIM LESSONS**

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	LOCATION
Parent/Child Stage B	18 mo-3 yr	Tue	4:10 PM	4:40 PM	Sept 5	Oct 17		\$31.00	\$62.00	Rec Pool
Parent/Child Stage A	6-18 mo	Tue	4:50 PM	5:20 PM	Sept 5	Oct 17		\$31.00	\$62.00	Rec Pool
Parent/Child Stage B	18 mo-3 yr	Tue	5:30 PM	6:00 PM	Sept 5	Oct 17		\$31.00	\$62.00	Rec Pool
Parent/Child Stage A/B	6 mo-3 yr	Sun	10:30 AM	11:00 AM	Sept 10	Oct 22		\$31.00	\$62.00	Rec Pool

**PRESCHOOL SWIM LESSONS**

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	LOCATION
Preschool Swim Stage 1	3 to 5	Mon	5:10 PM	5:40 PM	Sept 11	Oct 16		\$27.00	\$54.00	Rec Pool
Preschool Swim Stage 1	3 to 5	Tue	4:35 PM	5:05 PM	Sept 5	Oct 17		\$31.00	\$62.00	Rec Pool
Preschool Swim Stage 1	3 to 5	Tue	5:10 PM	5:40 PM	Sept 5	Oct 17		\$31.00	\$62.00	Rec Pool
Preschool Swim Stage 1	3 to 5	Thurs	4:00 PM	4:30 PM	Sept 7	Oct 19		\$31.00	\$62.00	Rec Pool
Preschool Swim Stage 1/2	3 to 5	Mon	11:40 AM	12:10 PM	Sept 11	Oct 16		\$27.00	\$54.00	Rec Pool
Preschool Swim Stage 1/2	3 to 5	Tue	11:30 AM	12:00 PM	Sept 5	Oct 17		\$31.00	\$62.00	Rec Pool
Preschool Swim Stage 2	3 to 5	Tue	4:00 PM	4:30 PM	Sept 5	Oct 17		\$31.00	\$62.00	Rec Pool
Preschool Swim Stage 2	3 to 5	Tue	4:40 PM	5:10 PM	Sept 5	Oct 17		\$31.00	\$62.00	Rec Pool
Preschool Swim Stage 2	3 to 5	Wed	5:10 PM	5:40 PM	Sept 6	Oct 18		\$31.00	\$62.00	Rec Pool
Preschool Swim Stage 2	3 to 5	Sun	11:05 AM	11:35 AM	Sept 10	Oct 22		\$31.00	\$62.00	Rec Pool
Preschool Swim Stage 3	3 to 5	Thurs	4:35 PM	5:05 PM	Sept 7	Oct 19		\$31.00	\$62.00	Rec Pool
Preschool Swim Stage 3	3 to 5	Thurs	4:45 PM	5:15 PM	Sept 7	Oct 19		\$31.00	\$62.00	Rec Pool
Preschool Swim Stage 3/4	3 to 5	Wed	11:30 AM	12:00 PM	Sept 6	Oct 18		\$31.00	\$62.00	Rec Pool
Preschool Swim Stage 3/4	3 to 5	Thurs	11:30 AM	12:00 PM	Sept 7	Oct 19		\$31.00	\$62.00	Rec Pool
Preschool Swim Stage 4/5	3 to 5	Tue	5:10 PM	5:50 PM	Sept 5	Oct 17		\$31.00	\$62.00	Rec Pool
Preschool Swim Stage 4/5	3 to 5	Thurs	4:00 PM	4:35 PM	Sept 7	Oct 19		\$31.00	\$62.00	Rec Pool
Preschool Swim Stage 4/5	3 to 5	Thurs	5:15 PM	5:50 PM	Sept 7	Oct 19		\$31.00	\$62.00	Rec Pool
Preschool Swim Stage 4/5	3 to 5	Sun	10:15 AM	10:50 AM	Sept 10	Oct 22		\$31.00	\$62.00	Rec Pool

**YOUTH SWIM LESSONS**

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	LOCATION
Youth Swim Stage 1	6+	Mon	4:00 PM	4:30 PM	Sept 11	Oct 16		\$27.00	\$54.00	Rec Pool
Youth Swim Stage 1	6+	Tue	5:20 PM	5:50 PM	Sept 5	Oct 17		\$31.00	\$62.00	Rec Pool
Youth Swim Stage 1/2	6+	Sun	11:30 AM	12:00 PM	Sept 10	Oct 22		\$31.00	\$62.00	Rec Pool
Youth Swim Stage 2	6+	Mon	4:35 PM	5:05 PM	Sept 11	Oct 16		\$27.00	\$54.00	Rec Pool
Youth Swim Stage 2	6+	Wed	5:45 PM	6:15 PM	Sept 6	Oct 18		\$31.00	\$62.00	Rec Pool
Youth Swim Stage 3	6+	Mon	5:10 PM	5:45 PM	Sept 11	Oct 16		\$27.00	\$54.00	Rec Pool
Youth Swim Stage 3	6+	Wed	4:45 PM	5:15 PM	Sept 6	Oct 18		\$31.00	\$62.00	Rec Pool
Youth Swim Stage 3	6+	Wed	5:20 PM	5:50 PM	Sept 6	Oct 18		\$31.00	\$62.00	Rec Pool
Youth Swim Stage 4/5	6+	Sun	10:15 AM	10:50 AM	Sept 10	Oct 22		\$31.00	\$62.00	Rec/Comp Pool
Youth Swim Stage 4/5	6+	Sun	10:55 AM	11:25 AM	Sept 10	Oct 22		\$31.00	\$62.00	Rec/Comp Pool
Youth Swim Stage 5	6+	Thurs	5:15 PM	5:50 PM	Sept 7	Oct 19		\$31.00	\$62.00	Comp Pool
Youth Swim Stage 5	6+	Wed	4:45 PM	5:30 PM	Sept 6	Oct 18		\$31.00	\$62.00	Comp Pool

**COMPETITIVE SWIM TEAM**

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	LOCATION
Dolphin Club	6+	M/W	3:45 PM	4:45 PM	Sep 6	Oct 18		\$70.00	\$120.00	Comp Pool
DCY SWIM Team-Fall Prep Training (Juniors)	6+	M	3:45 PM	5:00 PM	Sept 11	Oct 16		\$40.00	\$70.00	Comp Pool
DCY SWIM Team-Fall Prep Training (Juniors)	6+	T/Th	3:45 PM	5:00 PM	Sep 5	Oct 19		\$80.00	\$120.00	Comp Pool
DCY SWIM Team-Fall Prep Training (Junior Elites/Seniors)	6+	M/W	5:15 PM	6:45 PM	Sep 6	Oct 18		\$90.00	\$150.00	Comp Pool
DCY SWIM Team-Fall Prep Training (Junior Elites/Seniors)	6+	T/Th	5:15 PM	6:45 PM	Sep 5	Oct 19		\$90.00	\$150.00	Comp Pool

**PRIVATE SWIM LESSONS**

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
Private Swim Lessons			By appointment (price is per person, 4 lessons)					\$100.00	\$140.00	TBA	Rec/Comp
Semi-Private Swim Lessons			By appointment (price is per person, 4 lessons)					\$80.00	\$120.00	TBA	Rec/Comp