

Door County YMCA Facility Guidelines

In order to provide a safe and positive experience for all at the Door County YMCA, the following guidelines are in place and apply to all youth who are not participating in a supervised, structured program while in the facility:

- **During the school year Monday through Thursday 3pm-5pm, Children ages 8 through 11 must be in Social Lounge, Underground or Gym C.**
- Children ages 7 and under must be accompanied by a supervising individual at all times. Kid Care is available for infants through age 7.
- "Supervising individuals" are defined as persons age 16 years and older. Supervising individuals must accompany the child (ren) they are supervising in all areas at all times. YMCA staff reserves the right to ask for a different supervising individual if necessary.
- Children ages 8 and older are not required to be accompanied by a supervising individual, but are subject to age restrictions as outlined below:

Yes=Allowed F.O. = Family Orientation w/Sl= with supervising individual

	7 & Under	8	9	10	11	12	13	14	15+
Lifestyle / Wellness Center (Cardio Equipment)				w/Sl and F.O.	w/Sl and F.O.	with orientation			Yes
Selectrized Equipment						with orientation			Yes
Sports Performance Field						during specific classes only			Yes
Free Weight Room									with orientation
Gymnasiums	w/Sl	Yes							
Rec & Comp Pool				Yes					
Hot Tub / Sauna								Yes	
Adult Fitness Classes							Yes		
Indoor Track (SB only)	w/Sl				Yes				
Family / Gymnastics Center						w/Sl			
Studios									

Locker Rooms/Shower Areas

- Private changing areas are available in the universal and family locker rooms.
- Youth ages 2 & Under may use opposite-gender locker rooms when accompanied by a supervising individual; youth ages 3 & up should use the same-gender locker room or the universal locker room.
- Youth ages 15 & under must use the youth locker rooms; ages 16 & up must use the adult locker rooms or universal.
- No phones or cameras are allowed in the locker rooms or aquatic center; no photography is allowed in the Y.